

## Autologous Acceptability Criteria

- There must be a minimum of 14 days between the last autologous donation and the date of surgery. (LifeStream Medical Director approval required for any exception).
- Autologous donations by children under the age of 10 require LifeStream Medical Director approval.
- No upper age limit.
- LifeStream Medical Director must approve patients who weigh between 60 & 74 lbs.
- Blood Pressure must be **between 90/50 and 180/110**.
- Hemoglobin must be **at least** 11g/dL.
- Temperature must be under 99.5°F.
- Donor taking antibiotics for infections are ineligible until completion of the treatment.
- Donors who have had a splenectomy **cannot donate platelets**.
- Donors with heart and lung conditions are evaluated according to normal blood donor eligibility pathways, and most donors that are not functionally limited are eligible.
  - Examples of common donor heart/lung issues:
    - History of MI or CABG: Eligible after 6 months if no angina, no restrictions
    - Arrhythmias, murmurs, controlled CHF, mild valvular disease, pacemakers: Eligible if no functional impairment or restrictions
    - Unstable angina, severe aortic stenosis: Ineligible
    - Lung disease requiring supplemental oxygen: Ineligible
- Donors will be tested for infectious diseases identically to regular blood donors. Those testing positive or with a history of HIV, HBS or HBsAg may still donate, but only by written approval from the facility Transfusion Service physician and the patient's physician.
- Pregnant patients at high risk of major bleeding may donate during their third trimester with LifeStream Medical Director approval. Donation by non-high-risk pregnant patients is strongly discouraged.
- Other examples of ineligible potential autologous blood donors:
  - Donors with uncontrolled seizures
  - Donors with history of stroke within the last 6 months, or those not fully recovered from more remote stroke (those with TIAs may be eligible if asymptomatic)
  - Donors exhibiting cold or flu symptoms
  - Donors with renal failure requiring dialysis
- For other conditions, please contact LifeStream for clarification.
- **According to new FDA rules, donors with elevated blood pressure may have to make their second donation at a LifeStream donor center where a LifeStream physician is present.**
- **Contact Lifestream for more details at:**
  - LifeStream Medical Services:  
Call toll free: 877-386-6874 / FAX: 909-386-6817